

Hotlines

Crisis Text Line --- Text “START” to 741741

Suicide Crisis Hotline --- • 1-800-273-8255

Local Phone Resources

- Family Crisis Center (Domestic Violence Agency)
 - 505 564-9192
- Sexual Assault Services of Northwest New Mexico
 - 505 326-4700
 - www.sasnwnm.org

National Phone Resources

- Boys Town
 - 1-800-448-3000 (24/7)
 - [Live Chat with Boys Town](#) (Monday-Thursday, 9pm-12pm EST)
 - [Email Boys Town](#)
- National Suicide Prevention Lifeline
 - 1-800-273-8255 (24/7) Press 1 for Veterans line
- Disaster Distress Helpline
 - 1-800-985-5990
 - TTY for Deaf/Hearing Impaired: 1-800-846-8517

Dating Abuse & Domestic Violence

- loveisrespect
 - 1-866-331-9474/tty: 1-866-331-8453 (24/7)
 - [Live Chat with loveisrespect](#) (7 days/week, 5pm-3am EST)
- National Domestic Violence Hotline
 - 1-800-799-7233 (24/7)
 - [Email the National Domestic Violence Hotline](#) (24/7)
- RAINN: Rape, Abuse and Incest National Network
 - 1-800-656-4673 (24/7)
 - [Live Chat with RAINN](#) (24/7)
- National Sexual Assault Hotline
 - 24-hour online hotline: <https://ohl.rainn.org/online/>

Human Trafficking

- National Human Trafficking Resource Center
 - 1-888-373-7888

Child Abuse

- USA National Child Abuse Hotline
 - 1-800-422-4453 (24/7)

Runaways

- National Runaway Safeline
 - 1-800-786-2929 (24/7)
 - [Live Chat with National Runaway Safeline](#) (5:30pm – 12:30am EST)

Eating Disorders

- National Eating Disorders Association
 - 1-800-931-2237 (Monday-Friday, 11:30 am-7:30 pm EST)
- ANAD: National Association of Anorexia Nervosa and Associated Disorders
 - 630-577-1330 (Monday-Friday, 12 pm-8 pm EST)
 - [Email ANAD](#)

Cutting/Self Injury

- Safe Alternatives
 - [Email SAFE Alternatives for information on seeking help](#)
 - Call 800-366-8288 for information on seeking help

Support for Gay, Lesbian, Bisexual and Transgender (GLBT) Youth

- GLBT National Youth Talk
 - Call 1-800-246-7743 (Monday-Friday, 4pm-12 am EST/Saturday, 12pm-5pm EST)
 - [Email the GLBT National Youth Talk](#)
- The Trevor Project
 - Call 866-488-7386 (24/7)
 - [Live Chat with the Trevor Project](#) (Fridays 4pm- 5pm EST)

Reproductive Health

- Planned Parenthood
 - 1-800-230-7526
 - [Live Chat](#)
- STI Resource Center
 - Call 919-361-8488 (Monday-Friday, 8:00 am-6:00 pm EST)

Veterans

- Veterans Crisis Line
 - Call 1-800-273-8255 (24/7)
 - [Live Chat with the Veterans Crisis Line](#) (24/7)

Bereaved by Suicide

- American Foundation of Suicide Prevention <https://www.afsp.org/>
- The American Association of Suicidology <http://www.suicidology.org/>

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